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Photo: Alexander Mozurov & Anastasia Glebova - @alex.mozurov



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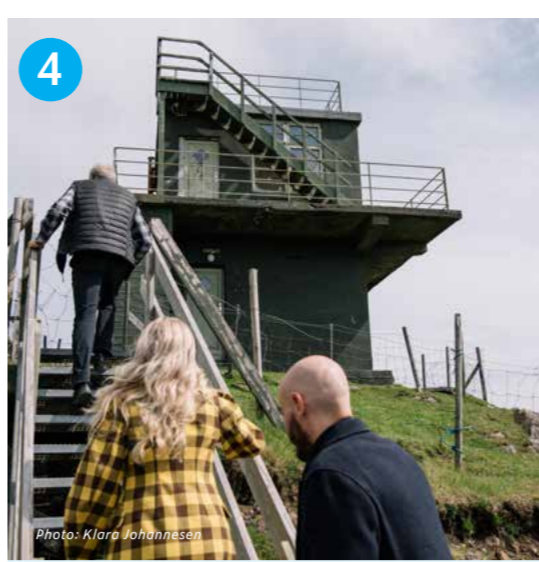


Photo: Klara Johannessen



Photo: Óli Gardshorn

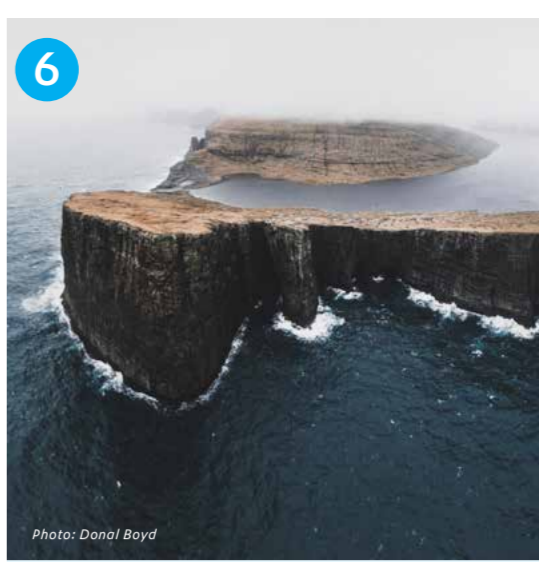


Photo: Donál Boyd



Photo: Alessia Mesiano - @alessiamesiano

# SEVEN HIGHLIGHTS

A two-lane road connects Gásadalur in the northwest to the subsea tunnel in the east. Along the way, you'll pass by all of the islands' populated towns and villages, as well as the largest lake in the Faroe Islands.

The relatively flat road and short distances make Vágur an ideal island to explore on bicycle. Visit cafés, shops, and museums, and be inspired by the islands' fascinating culture and history. An extensive network of old cairn paths connects the unpopulated northern part of the island to several starting/endpoints, ideal for longer hiking trips.

We have picked seven highlights in the region that showcase what makes Vágur and Mykines unique and worth a visit.

**MYKINES**  
- The bird paradise at the edge of the world

It is probably not a coincidence that the most renowned Faroese painter, Sámal Joensen-Mikines, was from Mykines. The Faroe Islands' westernmost island features stunning natural beauty with unique, geological features. The variety of birds is wide and includes the large northern gannets and countless puffins. Despite limited access to transportation, visitors from near and far travel to Mykines.

The island has a protected status because of its significant number of nesting birds. Visitors must respect the ecosystem by **staying on pathways**, keeping a 2 metre distance from the nesting grounds, allowing the island to preserve its significant natural and cultural qualities.

**GÁSADALUR**  
- The last village to receive access by vehicle

In 2006, a mountain tunnel was built, connecting Gásadalur (Faroese for "goose valley") to the rest of the country. The previously isolated village became easily accessible to inhabitants and visitors.

The village's main attraction is the well-known viewpoint of Múlafossur waterfall, which falls over 30 metres into the North Atlantic Ocean. The view is always spectacular, but more so during a clear sunset evening or when violent storms bend the waterfall in all directions.

**DRANGARNIR**  
- Weather-beaten giants

Sea stacks are dotted across the most exposed coastlines in the Faroes. Rising from the ocean, these basalt towers are shaped by crashing waves and occasionally crumble and fall under pressure.

Stóri Drangur (large sea stack) and Lítlí Drangur (small sea stack) still stand tall. To truly appreciate their magnificent presence, we recommend experiencing them in person on a boat trip or guided hike from Sørvágur.

**THE WAR MUSEUM**  
- The years that changed the island

The Faroese War Museum is in the SOR-building (Sector Operation Room) and was built in 1942-43 as part of an early warning system for the Allies during World War II. The settings and objects on display come together to tell exciting tales of recent Faroese history.

During World War II, the British army occupied the islands, and most personnel were stationed on Vágur island. Infrastructure remains (abandoned and still in use) tell the story of the scope of the occupation. This chapter of history has also had lasting effects on politics and national identity.

**SLÆTTANES**  
- Trails to an abandoned village

Slættanes was inhabited in 1835. During the 1950s, more than one hundred people lived in the village. A lack of roads and electricity drove settlers away; the last left in 1965. Some houses have been preserved and are used as holiday homes for former residents and their descendants. Slættanes is a perfect time pocket of pre-modern Faroese society.

Several paths lead to Slættanes, making it an excellent destination for longer hikes in the unpopulated and remote parts of northern Vágur.

**TRÆLANÍPA**  
- The lake above the ocean

Trælanípa is the name of the cliff on the southern tip of the island. The view from the cliff towards the calm lake, approximately 40 metres above the not-so-calm Atlantic Ocean, is often described as an optical illusion. The lake cascades into the ocean by way of a waterfall called Bøsdalafossur.

The area is home to abundant birdlife and is used as grazing ground for sheep. To protect the natural and cultural landscapes, visitors must stay on the designated hiking paths, starting in Miðvágur.

**CHURCH OF SANDAVÁGUR**  
- Cosy and majestic

The church in Sandavágur village is considered one of the most beautiful in the Faroe Islands. Completed in 1917, it is decorated with a bright-red roof and white corrugated iron boarding. This deviates from the more common timber or concrete facades of other churches in the country.

Next to the church is a statue that pays homage to the well-known, local legend about the "Shepherd from Sondum". Inside the church is an ancient runestone found in the area the same year the church was consecrated.

# WHAT WHEN WHERE

VISIT [WHATSON.FO](http://WHATSON.FO) TO SEE WHAT EVENTS ARE ON IN VÁGAR DURING YOUR STAY.

YOUR OFFICIAL GUIDE TO WHAT'S ON IN THE FAROE ISLANDS.

# Please respect the NATURE AND LOCALS

- Please respect the no drones regulations** in this area. This applies to a 6-kilometre radius around Vágar Airport.
- Please respect the birdlife** in this area by walking only on the designated path and keeping your voice down.
- Please respect the privacy** of neighbours. This is a neighbourhood, not a museum.
- Please respect the flora**. This includes not picking the plants and staying on the path.
- Please respect the sheep**. Do not feed the sheep and do not touch them.

You will see signs with guidelines like these while travelling in the Faroe Islands.

Your *online* guide to

# HIKING

in the Faroe Islands

Scan the code or visit our website [visitfaroeislands.com/hiking](http://visitfaroeislands.com/hiking)

## DRIVING

All major highways are paved. Many roads and tunnels leading to villages can be very narrow, so please choose a safe speed according to the conditions.

On the map you can see which roads are one-lane roads. To keep traffic flowing, these roads have lay-bys (widened sections formed to one side as to leave the road free for others to pass).

These lay-bys are NOT to be used for parking.

## PUBLIC TRANSPORT

Public transport around the island is efficient and affordable. If you have the time to travel according to the pace of the timetables, you won't need to rent a car.

Timetable for the buses can be found here:

MAP of

# VÁGAR AND MYKINES

- yours to unfold

Visit Faroe Islands

VISIT VÁGAR DESTINATION MANAGEMENT ORGANISATION FOR

# VÁGAR AND MYKINES

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visitvagar.fo

VÁGAR AND MYKINES

REGIONAL GUIDE

# WELCOME TO THE WEST

Vágur and Mykines are famous for many of the most iconic landscapes of the Faroe Islands, but there are still hidden gems and untold stories to be uncovered in the westernmost region.

Here, you'll find a place of contrasts and contradictions: an atmosphere of isolation next to the country's only international airport that welcomes tens of thousands of visitors every year. The locals have a recognizable dialect and charming peculiarities, some of which can be traced to the British occupation during World War II.

Get lost in the history, culture, and stunning nature of Vágur and Mykines, but please remember to stay on designated paths.

