

SEVEN HIGHLIGHTS

The relatively flat landscape of Sandoy is ideal for bicycling and easy, family-friendly hikes. The region offers breathtaking cliffs, wonderful hiking trails, and many charming coastal villages.

Here you can experience large beaches, sand dunes and peaceful lakes ideal for angling. You can also enjoy local museums and cosy cafés.

Twenty minutes by ferry from the village of Sandur is the hidden gem of Skúvoy, where 400 meters high bird cliffs rise from the ocean, and a tranquil settlement is (almost) lost in time.

We have chosen seven highlights in and around Sandoy that are worth a visit.

1



Photo: Logen Hem

DRANGARNIR AND SÖLTUVÍK VIEWPOINT

- *Outstanding nature and seal watching*

On the unpaved road to Söltuvík, there is a hiking path which leads you to an outstanding viewpoint of "Drangarnir" (Sea Stacks) and Söltuvík bay. The hike is easy but may be wet in some areas; therefore, we recommend waterproof shoes. You can find a hiking sign on the left-hand side of the road, and poles mark the path. If you don't plan on hiking, you can follow the unpaved road further until you reach the bay of Söltuvík.

Söltuvík is a beautiful area with "malargrøt" (water rolled stones) and dramatic cliffs. It is easy to reach by foot or by car from Sandur.

In Söltuvík, there are historical traces of former habitations. It was used as a base and lookout post for the British army due to its panoramic viewpoint.

2



Photo: Mikla MVA

THE SAND DUNES OF SANDUR

- *A rare natural gem*

The sand dunes, commonly known as "Møllevegjar", are a unique natural feature in the Faroe Islands. Beyond the dunes is one of the best beaches in the whole country, where locals like to swim all year around. This is a playground for people of all ages. It is also home to rare insects and plants. The sand dunes are a protected conservation area due to their biodiversity and biological significance. We kindly ask that you walk on the designated paths.

According to Færeyinga Saga (Saga of the Faroes), the chieftain Sigmundur Brestisson (961-1005) christened the Faroe Islands. You can find his grave in Ólansgarður just outside the village. Sigmundur built the first church in the Faroe Islands in Skúvoy around the year 1000. The current church is from 1937.

3



Photo: MVA

SKÚVOY

- *Resting place of legendary Viking chieftain*

Skúvoy is named after the large number of great skua birds on the island. As one of the few rat-free islands, it is home to abundant birdlife such as puffins, shearwaters and great skuas. Along the coastline, dramatic bird cliffs are rising from the sea. Visitors must respect the ecosystem by staying on marked routes when visiting Skúvoy.

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4



Photo: Mikla MVA

LÍRABERG

- *Sea stacks and mountain cliffs*

At Lírabergr, you can see impressive mountain cliffs, abundant birdlife and sea stacks. Lírabergr is easily reachable by foot from the village of Skopun and marked by signposts. On your way, you will walk through an area with cultivated outfields, lakes and a breathtaking view of the islands to the north: Hestur, Koltur, Vágur and Streymoy.

Please respect private property, and do not walk beyond the point of the way-finder poles without a local guide – both to ensure your safety and to minimize disturbance to wildlife.

5



Photo: MVA

CAFÉ'IN Á MØLINI

- *An atmospheric break*

The café is situated in beautiful surroundings close to the sea in Skálavík. Here you can enjoy a cup of coffee while observing the crashing waves from the east.

Originally a general store, four generations have run the family business in the cosy building. The interior design nods to the past decades of use and seeks to create a homely feeling. The café is an excellent stop for visitors looking for food or drinks.

In 2021 the family expanded the business and opened a brand new guesthouse, "Guesthouse Mølini", to accommodate the many visitors on the island.

6



Photo: MVA

CHURCH OF SANDUR

- *Ancient history*

The church in Sandur was inaugurated in 1839 and is the 6th church on the same site. Each church has been built on top of the other. Many excavations have been conducted nearby, showing signs of some of the oldest and best-preserved remains in the Faroe Islands. Some of the main findings are the remains of buildings from the early Viking days, articles for everyday use and ornaments dating back to the 8th century.

In 1863, the sexton found a coin treasure in the old graveyard – one of its kind in the Faroes. The treasure consisted of 98 silver coins – even from as far away as the Middle East. The treasure can now be seen at the National Museum.

7



Photo: Mikla MVA

TUMBAKKI

- *Mysterious and practical*

Tumbakki consists of ten stone turf sheds in the village of Húsavík. No one knows the exact age or story surrounding the buildings, but it is believed that, in the olden times, these houses might have been used for food storage. The turf sheds are an example of practical construction with several stone layers to the west, which happens to be the most common strong wind direction and only a single layer of stone to the east.

The turf sheds can be observed from the outside today, as they are private property and still in use.

WHAT WHEN WHERE

VISIT WHATSON.FO TO SEE WHAT EVENTS ARE ON IN SANDOY DURING YOUR STAY.

YOUR OFFICIAL GUIDE TO WHAT'S ON IN THE FAROE ISLANDS

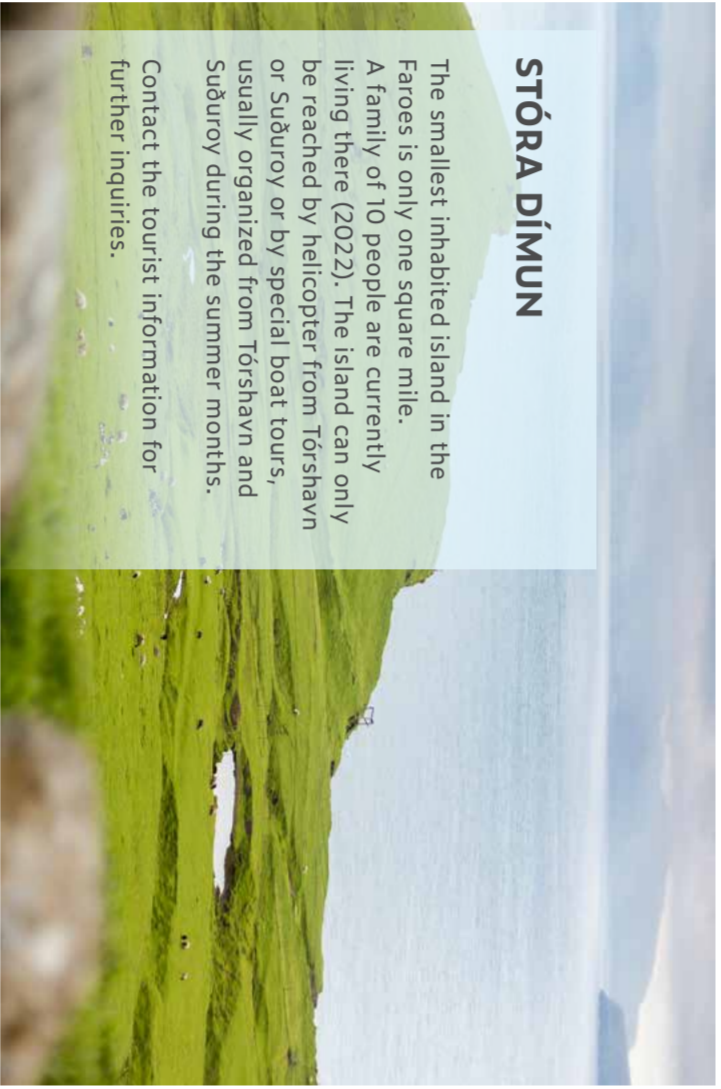


STÓRA DÍMUN

The smallest inhabited island in the Faroes is only one square mile.

A family of 10 people are currently living there (2022). The island can only be reached by helicopter from Tórshavn or Suðuroy or by special boat tours, usually organized from Tórshavn and Suðuroy during the summer months.

Contact the tourist information for further inquiries.



MAP OF

SANDOY

SKÚVOY AND STÓRA DÍMUN – yours to unfold

Visit Faroe Islands



SANDUR

INFORMATION CENTRE IN

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HIKING

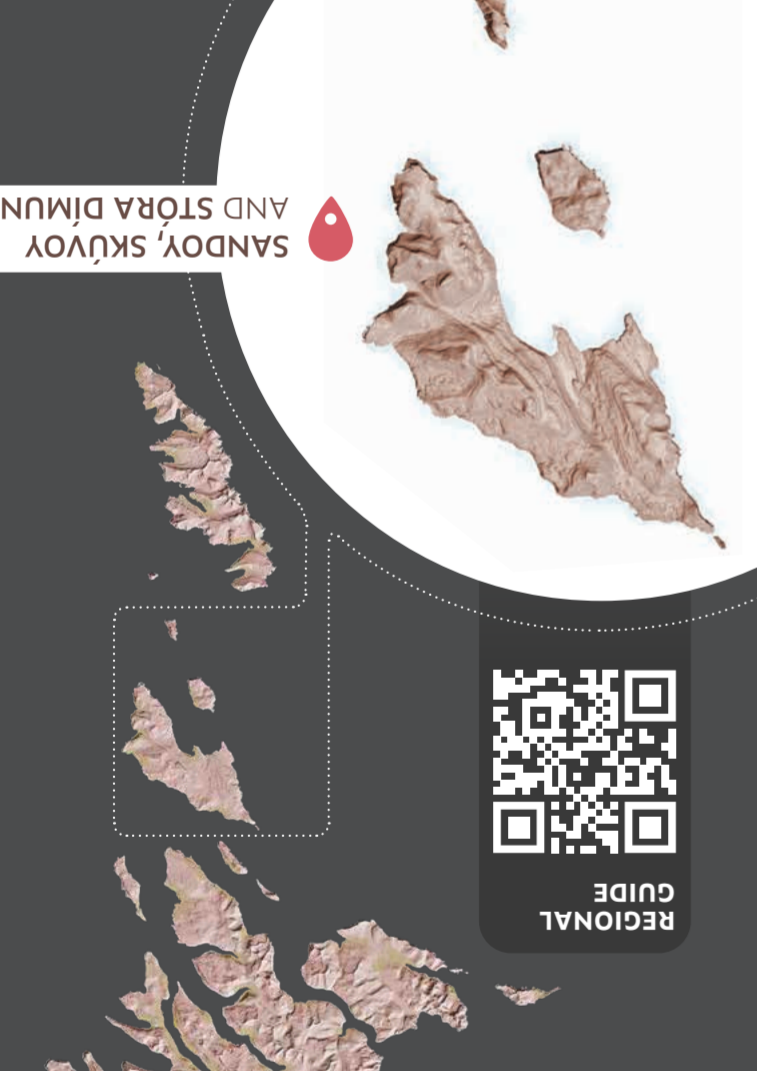
in the Faroe Islands



Scan the code or visit our website
visitfaroeislands.com/hiking



REGIONAL GUIDE



SANDOY, SKÚVOY AND STÓRA DÍMUN

DRIVING

All major highways are paved. Many roads and tunnels leading to villages can be very narrow, so please choose a safe speed according to the conditions.

On the map, you can see which roads are one-lane roads. To keep traffic flowing, these roads have lay-bys (widened sections) formed to one side to leave the road free for others to pass).

These lay-bys are NOT to be used for parking.

PUBLIC TRANSPORT

Public transport around the island is efficient and affordable. If you have the time to travel according to the pace of the timetables, you won't need to rent a car.



Timetable for the ferry and buses can be found here:

WELCOME TO THE SAND ISLAND

On Sandoy, time seems to move a bit slower, and there are plenty of characteristic cultural flavours. The unique sandy composition of the soil, which is where the name of the island likely derives from, is utilised for innovative and sustainable farming.

The sparsely populated region has enjoyed and endured the effects of relative isolation until now. The new subsea tunnel is replacing the 30-minute ferry trip and will inevitably change the island and move it closer to the centre of the Faroes.

The history of Sandoy stretches back to the 4th century – which is when the oldest settlements in the Faroe Islands play out on Skúvoy island around year AD 1000.



SANDOY



- Two-lane road
- One-lane road
- Two-lane tunnel
- Hiking path

2 km

- Bus stop
- Campsite
- Church
- Ferry
- Helipad
- Information centre
- Kayak
- Lighthouse
- Museum
- Point of interest
- Service station
- Supermarket
- Toilet
- Viewpoint
- Highlight